

## FITlosophers

So you're a FITlosopher? Yes, I FIT very deeply...

Shawn Fenty - Shoe-ru. Shawn has been with FLEET FEET Sports Adams Morgan since its inception in 1984 and understands the ways of shoes and feet as few others do. A PHD in F I T, he is our shoe buyer and makes sure that we have the needs of all of the feet that we meet covered before they even arrive at the store. Shawn has been a competitive club level bike racer for twenty years and currently races for DC Velo, DC's premiere bicycle racing club. As a runner the fun stops for Shawn at 10K, so he has been racing the local 10k, 8K, and 5K circuit the last few years, consistently placing in the top ten in the 40-44 age group. Shawn has just completed his second season of Olympic Distance Triathlon racing where he enjoys competing with his younger brother, Mayor Adrian Fenty. Kimberly Fenty - Kimberly has been with FLEET FEET Sports Adams Morgan since 1998 and is our apparel and accessories buyer. Scouting the hinterlands for the latest in "yummy" fabrics and stylish trends, the wonderful collection of fabulous apparel you will find at FLEET FEET is her handy work. Kimberly enjoys long distance road racing. Her favorite races are the Cherry Blossom and Army 10 milers. She also enjoys yoga, cycling, and swimming.

Philip Deeter - Philip loves running because it has changed his outlook, career and life in general. A retail guy for a whole lot of years (He claims to remember day-glow, WHAM! inspired t-shirts at Bloomingdale's). Philip managed the FLEET FEET Chicago store for about five years. After running 30 marathons over the last 11 years, Philip still hasn't qualified for Boston. Perhaps that makes him the Susan Lucci of qualifying attempts! In 2009, he relocated to DC and joined the FLEET FEET Team here. In his spare time, he does massage therapy and works as a personal trainer. When he's not talking about running, he loves chatting about his three pups--Logan, Leo, and Ripley.

Roger Reddock - Roger has been with FLEET FEET Adams Morgan since 1988. Roger was a standout athlete in basketball and tennis at Mackin Catholic HS in DC and Roger Willimams College in Rhode Island and has run several marathons as well as a host of shorter distance races. Roger is one of our most patient and attentive FITlosophers and I think he has never sold a pair of shoes that are too small.

Phillip Fenty - The original "3rd Generation" FLEET FEETer, Phillip has been checking toes since he could walk. Following in his father (Shawn Shoeguy), Uncle Adrian and grandfather "Ironman" Phil's enormous footsteps, Phillip is a budding FIT expert with a very personable style. An accomplished high school athlete in soccer, track and lacrosse at St. John's College High School, Phillip ran the Country Music and Amsterdam Marathons in 2009 and is currently pursuing an undergraduate degree at the University of the District of Columbia.

Russell Bailey - Russell is from Newport News, VA and currently seeking a BS in Sport Management from Howard University. Russell has traveled to various parts of Europe (having grown up a military brat) and ran for his track team in high school (big-man 4x100 relay, in addition to the discus and shot put). He enjoys basketball, football, and all sports really. A people person, he loves to laugh and joke. Joanna Gomez - Joanna is a pretty laid back gal who enjoys pushing herself to the limit in everything she does. She works hard and plays hard and tries to make everyone she comes in contact with a happier person. Joanna loves being part of a team and contributing to a common goal, training athletes and helping regular people reach their FITnes goals. Having successfully completed several marathons and triathlon in 2009, she is excited to do her first Ironman at the end of this summer.

Meredith Kimmel - Meredith joined FLEET FEET Sports in 2008 to pursue her passion for running while searching for a job in her other passion--the law. A soccer player by trade, Meredith became a runner over the years by adding races to her schedule, including 5ks, 10ks, 10 milers, and marathons. She loves doing charity races and has participated in Susan G. Komen Breast Cancer 3 Day events both as a volunteer and as a walker. In 2009, Meredith is looking forward to the Nation's Half Marathon in March, the Chicago Marathon in October, and numerous road races and triathlons in between!

Chris Lanen - Chris is a native of the biggest little state in the union, Rhode Island. He has been with us for over 3 1/2 years, and has been selling sporting products for 7 years. Chris enjoys running 5k's, playing soccer, and weight training. During the week, Chris is a Senate staffer.

Marshall Fenty - Our second "Gen 3" FLEET FEETer, Marshall has been trained in the ways of FITlosophy from the time he has been a small child. A soccer player, runner, and cyclist, Marshall's true passion is brought out when he is playing one of his many guitars (like running shoes, and bicycles, apparently you can never have too many guitars!). Marshall is currently an instrumental music major at the Columbia College of Chicago.

Rhina Merino - Rhina rejoined the FLEET FEET team in November 2009. An avid soccer player and marathon runner for several years, she now runs as much as her knees allow. Capable at any task, Rhina focusses her attention on

maintaining a clean, neat, well stocked FLEET FEET Store and is a great asset to the team.

Phil Fenty - Phil is our founding father. PHILosopher, businessman, poet, father, painter, runner, husband, cyclist, swimmer, grandfather and yoga and Buddhism student, Phil's interests and accomplishments are too numerous to name in this space but his palmares include some 50+ marathons and ultra-distance marathons including the Western States 100, and dozens of triathlons including IRONMAN in Hawaii. After over 25 years with FLEET FEET Sports Adams Morgan, Phil has announced his retirement and gone on a Buddhist pilgrimage throughout Asia. While we will miss his daily physical presence dearly, his mark on the FLEET FEET community is indelible and his will be a guiding presence as long as we are here...