

FIT Process: Inserts

Fleet Feet Sports Adams Morgan carries many insoles to help cushion and support your feet and align your body. We carry supportive inserts by Superfeet, SOLE, and Powerstep, as well as a full line of inserts by Spenco. Like feet and shoes, insoles come in different shapes and ranges of flexibility. Our knowledgeable staff will take you through our FIT Process and help you find the right insert to best suit your foot, addressing any problems or injuries you might have along the way.